



1458 Zion Park Blvd.
 P.O. Box 623 Springdale, UT 84767
 435-772-3303
 Fax 435-772-3133
www.zionrockguides.com
www.bikingzion.com

WFR Recert Registration Form

PERSONAL INFORMATION:

Full Name _____
 Street/Apt _____ Phone _____
 City _____ State _____ Zip _____
 Email Address _____ Ages _____

COURSE/TRIP: *WFR Recert 3 Day w/ CPR*

Dates: Jan.13, 2009 to Jan. 15, 2009 Cost: \$275/person

PAYMENT METHOD:

Check:\$ _____ Money order:\$ _____ Credit Card:\$ _____
 C/C# _____ Expiration Date: ____/____/____
 Billing zip code: _____ V-code _____ Last 3 numbers in signature line)
 Cardholder's name: _____
 Cardholder's signature: _____

Please describe previous climbing, canyoneering, biking, and outdoor experience:

Please tell how you heard about us:

DEPOSIT AND CANCELLATION POLICY: IMPORTANT PLEASE READ!

To secure your reservation, payment in full is required.

Cancellation policy:

- 30 days or more from course date- Full refund minus \$50 administrative fee.
- 14-29 days from trip date- Rrefund 30% of full course price.
- 0-13 days from course date- No Refunds

Z.R.M.G/Bike Zion or its guides can alter course curriculum, duration or location to deal with safety issues such as adverse weather, water levels, ice conditions, etc. There will be no refunds for course or trip changes due to safety issues.

PLEASE SIGN:

I have read the above deposit and cancellation policy, understand it and accept its terms.

Participant signature: _____ Date _____

Parent/guardian signature: _____ Date _____

PHOTOGRAPHIC MODEL RELEASE: (to use photo images for slide shows, brochures, and other advertising)

Signature: _____ Date _____



Wilderness First Responder Recert Course

**Sponsored by Zion Rock and Mountain Guides
and the Wilderness Medicine Institute of NOLS**

Statement

NAME: _____

COURSE DATES/TITLE: WFR Recertification
January 13-15, 2009
Zion National Park, Springdale, UT

COURSE COST: \$275.00 *Payment in full*

LODGING/MEALS PKG: *N/A*

Total: \$275.00 *Payment in full*

THANK YOU



WILDERNESS FIRST RESPONDER RECERT COURSE

Sponsored by the Wilderness Medicine Institute of NOLS and Zion Rock and Mountain Guides

DATES: *January 13-15, 2009*
COST: *\$275.00 Tuition Only*
LOCATION: *Zion National Park, Springdale, UT*

COURSE DESCRIPTION

Are your wilderness medicine protocols on the tip of your tongue or in the bottom of your pack? Join the leader in wilderness medicine for a three-day scenario-based course to review and practice evacuation and decision making guidelines. Our dynamic, experienced instructors will refresh you on the current techniques, protocols and controversies in the wilderness medicine field. You'll have opportunities to ask questions based on your real life experiences and practice scenarios and case studies that will challenge you. The WFR Recertification course also includes Adult CPR. This course is the most popular recertification program in Wilderness Medicine and is ideal for current Wilderness First Responders and Wilderness EMTs. The WFR Recertification course is pre-approved for 18 hours of EMT CEU's by CECBEMS.

RECERTIFICATION REQUIREMENTS

If you hold a current Wilderness First Responder certification from WMI, SOLO, NOLS, OpEPA, WMA or WPT, you will receive a WMI WFR certification upon successful completion of your WFA or WFR Recert only course. If you hold a current WFR certification from any other wilderness medicine organization you will receive a letter of course completion in lieu of a WMI WFR certification. This letter of completion may allow you to recertify with your original certifying organization. You must contact that organization prior to your WMI course to ensure that our course will meet their requirements for recertification.

All students are required to submit a photocopy of their WFR certification card on the first day of the course.

There is a one-year grace period for recertification of WMI cards. (Keep in mind that your certification is not current during this grace period and therefore you can not work as a Wilderness First Responder.)

You will be required to complete a WRITTEN EXAM at the BEGINNING of the course – this multiple choice exam will require you to review previous course materials in order to achieve a passing score (80%)

REGISTRATION/POLICIES

Tuition payment in full is required to reserve your spot in the course. Tuition is non-transferable. Tuition is payable by Check (with driver's license number), Credit Card or Cash. Once the course has begun, no refunds of any moneys will be awarded. The tuition fee covers textbooks, syllabus, equipment, and certification cards. A full refund will be given if we are forced to cancel the course for any reason.



CANCELLATION AND REFUND POLICY

If a student cancels or withdraws from a course:

30 days or more from trip date- Full refund minus \$50 administrative fee.

14-29 days from trip date-Refund of 50% course price.

0-13 days from trip date- No Refunds!!

All course registrations are non-transferable.

~~Acknowledgment and Assumption of Risks Release and Indemnity Agreement~~: Please read the enclosed document very carefully as it affects your legal rights. We ask that you bring this signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document. Failure to provide a signed document will result in you not being able to participate in the course. WMI participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the WMI program and are at the sole risk of the participant.

CONTINUING EDUCATION CREDITS

WMI is proud to be a Continuing Education Coordinating Board for Emergency Medical Services (CECBEMS) accredited organization. Current EMTs are eligible to receive 18 hours CEU hours for their WMI WFR Recert course. Please bring a photocopy of your current EMT card(s) with you to your course.

CLASS FORMAT & EQUIPMENT

Check in is at 7:45 AM on the first day of the course. WFR Recertification course days run from 8:00am to 5:00pm. The format for this 24-hour WFR recertification is one of scenario based learning. Scenarios and practice sessions will take place both inside and outside. Please bring clothing appropriate for laying on the potentially wet, snowy, cold ground playing the role of both rescuer and patient. Frequently stage (moulage) blood and make-up will be used to emphasize the reality of a scenario. Generally the classroom environment lends itself to a pair of comfy shoes/slipper and a crazy creek-type chair. Please come equipped with a light daypack, waterproof top and bottom, light hiking boots and layers well suited for spending time outside playing the roles of patient and rescuer.

TRAVEL/DIRECTIONS

Zion Lodge is located inside Zion National Park on the Main Canyon Drive. Enter the park via the south entrance on State Rte. 9. Zion Rock and Mountain Guides is located at 1458 Zion Park Blvd, next to Bike Zion. We appreciate it if you come early the first day of the course or call us so that we can collect paperwork and settle payments.

LODGING/ RECREATION

There are no meals and lodging package available for this course. Here is a list of lodging options to assist you in making your own arrangements:

Camping:

The nearest camping is in Zion National Park. Cost \$14.00/night.

There is also free camping located at mile marker 24 southwest of Springdale on State Rte. 9. This is BLM land with no facilities, and is approximately a 10 minute drive away.



Hotels:

www.zionpark.com is the town of Springdale's Visitor Bureau website. It has a great list of lodging options with contact numbers.

Students in the past have had good luck at the Pioneer Lodge.

PETS ARE NOT ALLOWED AT THE COURSE. THIS INCLUDES LEASHING THEM OUTSIDE. NO EXCEPTIONS. Any student bringing pets to class will be asked to leave class until the pet is safely situated in a kennel or other facility.

NO SMOKING OR ALCOHOL IS ALLOWED ON SITE

We hope this information is helpful. Please contact us with any questions or concerns you may have. *Our office hours are Sunday - Saturday, 9:00am - 5:00pm Mountain Time.*

Phone: **435-772-3303**
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email: *info@zionrockguides.com*
web site: *www.zionrockguides.com*



Wilderness Medicine Institute of NOLS

Wilderness First Responder Recertification Course Schedule

DAY 1

Morning

Introductions and Written Examination
Patient Assessment System
Shock
Chest Injuries

Afternoon

Spinal Management/Head Injuries
Wilderness Wound Management
Athletic Injuries

DAY 2

Morning

Dislocations
Fracture Management
Traction Splinting
Hypothermia

Afternoon

Heat Illnesses
Altitude Illness
Medical Scenarios: Cardiac Emergencies, Respiratory Emergencies, Neurological Emergencies, and Anaphylaxis

DAY 3

Morning

Medical Scenarios: Acute Abdomen, Gender Medical Concerns
Closing Scenario
Closing/Evaluations

Afternoon

CPR

Wilderness Medicine Institute

AN INSTITUTE OF THE NATIONAL OUTDOOR LEADERSHIP SCHOOL

In consideration of the services of The Wilderness Medicine Institute of The National Outdoor Leadership School ("WMI"), I, joined by my parents or guardian if I am under eighteen years of age, agree and acknowledge as follows:

ACTIVITIES AND RISKS

Although WMI has taken reasonable steps to provide me with appropriate equipment and skilled staff for the course for which I have registered, I acknowledge that the activities of the course have risks, including certain risks, which cannot be eliminated without destroying the unique character of the activities. The same elements that contribute to the unique character of these activities can cause loss or damage to my equipment, accidental injury, illness, or in extreme cases, permanent trauma, disability or death. I understand that WMI does not want to frighten me or reduce my enthusiasm, but considers it important for me to know in advance what to expect and to be informed of the activities' inherent risks. The following describes some, but not all, of those risks.

- WMI courses may occur in remote places, many days from medical facilities. Communication and transportation are difficult and sometimes evacuations and medical care may be significantly delayed.
- Equipment may fail or malfunction, despite reasonable maintenance and use.
- Travel is by vehicle, snowshoe, snowmobile, skis, foot and other means, over rugged unpredictable off-trail terrain and improved and unimproved roads, including boulder fields, downed timber, rivers, rapids, river crossings, high mountain passes, snow and ice, steep slopes, slippery rocks, ocean tides and currents, waves and surf. Attendant risks include collision, falling, drowning and others usually associated with such travel, including environmental risks.
- Environmental risks and hazards include rapidly moving, deep or cold water; insects, snakes, and predators, including large animals; falling and rolling rock; lightning, avalanches, flash floods, falling timber, and unpredictable forces of nature, including weather which may change to extreme conditions without notice. Possible injuries and illnesses include hypothermia, frostbite, non-freezing cold injury, high altitude illnesses, sunburn, heatstroke, dehydration, and other mild or serious conditions.
- WMI activities are conducted indoors and outdoors, day and night. Physical activities include running, sustained climbing, hiking and repetitive lifting. They also include realistic simulated medical injury and treatment situations.
- WMI activities may involve travel to locations away from the primary classroom. Travel is not supervised by WMI and includes the use of personal vehicles and/or carpooling in vehicles not owned or controlled in any way by WMI. WMI has no responsibility for any incident arising out of such travel.
- Decisions are made by the instructors and students usually in a wilderness setting, based on a variety of perceptions and evaluations which by their nature are imprecise and subject to reasonable errors in judgment. Misjudgments may pertain to, among other things, a student's capabilities, environment, terrain, water and weather conditions, natural hazards, routes and medical conditions.
- WMI participants, including minors, will have unsupervised free time before, during and after their course. Free time activities are not part of the WMI program and are at the sole risk of the participants. WMI has no responsibility for such activities. WMI staff may from time to time provide assistance or even accompany participants in these free time activities, but in doing so, they are acting as private individuals, and not for WMI, and WMI is not responsible for their conduct.
- WMI programs in foreign countries may be exposed to laws, legal systems, customs and behaviors, animals, diseases and infections not common to the United States; in addition, these courses may be subject to dangerous road travel, political unrest, riots, demonstrations, banditry, terrorism, and other criminal conduct, including drug related activities.

I acknowledge that engaging in this program may require a degree of skill and knowledge not required in other activities, and that I have responsibilities as a student for managing risks to which I and others may be exposed. I acknowledge that WMI activities are instructional in nature and I expect to be challenged to expand my skills and judgment. I acknowledge that the staff of WMI has been available to more fully explain to me the nature and physical demands of this activity and the inherent risks, hazards, and dangers associated with this activity.

ACKNOWLEDGEMENT AND ASSUMPTION OF INHERENT AND OTHER RISKS

I understand that the description above of the risks is not complete and that other unknown or unanticipated risks, inherent or otherwise, may result in property loss, injury, illness or death. I expressly acknowledge and assume the inherent risks identified herein and those inherent risks not specifically identified. My participation in this activity is purely voluntary, no one is forcing me to participate, and I elect to participate in spite of and with knowledge of the inherent risks.

I represent that I am fully capable of participating in the program, without causing harm to others or myself. Therefore I assume and accept full responsibility for me and for injury, death and loss of personal property and expenses suffered by me and them as a result of those inherent risks and dangers identified herein and those inherent risks and dangers not specifically identified, and as a result of my negligence or otherwise wrongful conduct in participating in these activities.

In further consideration of the services of WMI I (joined by my parents or guardian if I am under eighteen years of age,) acknowledge that I have read and understand the Activities and Risks, above, and confirm its representations and agree to all its provisions as though they were fully set forth again here. In addition, except with respect to an injury or loss that occurs on public lands whose rules and regulations prohibit doing so, I acknowledge and expressly assume ~~ALL~~ **ALL** THE risks of the course and any other activity of WMI, whether those risks are known, unknown, inherent or otherwise.

